

# BRIDGE THE COMMUNITY

Racing for the Riverfronts ☀ Sterling-Rock Falls

10 K Run & 5 K Run/Walk

Saturday, September 16, 2017 ☀ 9:00 AM

**Please Print:**

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Primary Phone: \_\_\_\_\_ Sex (circle): Male Female Age at race date: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Email Address: \_\_\_\_\_

T-shirt Size (circle one): S M L XL XXL (Note: sizes can not be guaranteed)

**Enter me into (circle):** 10K Run - \$30 5K Run/Walk - \$20

**For Age Group (circle):** 13 and under, 14-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49,  
50-54, 55-59, 60-64, 65-69, 70 and over

**Release and Waiver:** Please enter me in the Bridge the Community Race. In consideration of the acceptance of my entry, I hereby for myself, my heirs, executors, administrators, and assignees, I do hereby release and discharge the City of Rock Falls, the City of Sterling, the Rock Falls Community Development Corporation, The Coloma Park District, Sterling Park District, the Race Committee and other sponsors, supporters and property owners for all claims of damages, demands, actions whatsoever in any manner arising or growing out of my participation in the Bridge the Community Run. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate in this event.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of parent for child under 18

\_\_\_\_\_  
Date

- One entry per registration form.
- Waiver must be signed and fee enclosed to process.
- Please make checks payable to: **BRIDGE THE COMMUNITY RUN**
- Please mail payment and registration form to:  
Bridge the Community, % Sterling Main Street, PO Box 261, Sterling, IL 61081
- Run will be held rain or shine. In case of run cancellation, Thank You for your donation!!

Electronic timing | Water Stations | Traffic Control | No pets

No walkers, please, in 10K | Strollers permitted in 5K only, at end of start

Run begins & ends at the RB&W District in Rock Falls | Course runs thru' both Sterling & Rock Falls

Awards to: Top Male & Female 10K | Top Male & Female 5K | Overall Masters Male & Female

Thanks to our Presenting Sponsors



Local Agents  
Jack Spencer  
Mike Sprague



For Online Registration and additional information [www.bridgethecommunity.com](http://www.bridgethecommunity.com) or "Like" us on Facebook